AHRE Candidate Handbook

March 2026

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INTRODUCTION

The College of Licensed Practical Nurses and Health Care Aides of Alberta (CLHA) has the legislative authority and responsibility, through the Health Professions Act (HPA), to carry out activities in a manner that serves and protects the interest of the public. Through the registration process in Alberta the CLHA manages access to the Alberta Health Care Aide Registration Exam (AHRE).

As of February 2, 2026, to be eligible to write the Alberta Health Care Aide (HCA) Registration Exam, a candidate must have completed one of the following:

1) received their HCA credential from an approved HCA program in Alberta, applied and been approved to the HCA provisional register,
2) received their HCA credential from an approved HCA program in Alberta, applied and been approved to only write the exam; or
3) as a new applicant seeking Substantial Equivalence be approved and placed on the provisional register.

Note for HCA Students that are course complete prior to February 2, 2026, and are Enrolled as Certified in Progress on the Alberta HCA Directory, they will be transitioned to the CLHA regulated provisional register. The process for awarding an HCA credential certificate will follow previous procedures. The Alberta HCA Registration Exam will need to be passed for awarding of the credential. The timeline for the Provisional register is one year, and regulated registrants will be provided three writes, including any that were written before regulation.

All candidates that apply for a provisional registration and are approved, will then have one year and three attempts to successfully pass the AHRE.

Exam questions are based on the Alberta HCA Competency Profile (2018) found in Appendix B, which outlines the roles and responsibilities of HCAs in Alberta and is mapped to the Alberta HCA Provincial Curriculum (2019).

Purpose of the Handbook

The Alberta HCA Registration Exam Candidate Handbook was created in accordance with the Alberta Health Care Aide Registration Exam Policies and is a resource for AHRE candidates to assist in preparing for the AHRE and understanding related processes. Throughout this Handbook there will be references to the Alberta HCA Registration Exam, which we will refer to as the "AHRE."

From time to time, this handbook may be revised. Potential candidates are encouraged to visit the CLHA website at https://www.clha.com/ to see the most current version of the Handbook as well as other HCA resources and contact information for Meazure Learning.

For more information, please contact CLHA:

Email: hcaexam@clha.com

Phone: 1-800-661-5877 or 780-484-8886

1. Booking an AHRE Attempt

To book the AHRE, candidates must first complete the steps described below.

Before Booking the AHRE

Make sure contact information is correct

The CLHA communicates with candidates by email and/or phone using the current contact information provided on the candidate's CLHA profile. Candidates are responsible for logging into their MyCLHA account to update any changes to their contact information.

Paying for the AHRE

Before booking, candidates must pay for the exam.

The fee for each AHRE attempt is $315 which includes the $100 administration fee. Acceptable forms of payment include credit card and e-transfers.

See the CLHA website for the fee schedule.

E-transfers

After a candidate receives the email confirming that they are now eligible to write the AHRE, e-transfers may be sent to finance@clpna.com. The e-transfer must include the candidate's full name and registration number. Please note that e-transfers may take up to two business days to process and be posted to a MyCLHA account.

Credit cards

The candidate can pay through credit card by logging into their MyCLHA account.

Booking the AHRE

After payment has been submitted and approved, candidates will need to follow these steps.

- Log in to their MyCLHA account.
- Click on the Exam Launchpad to reveal the exam link.
- Click on the exam link that reads: "Click here to book/write the HCA Practice Exam/Alberta HCA Registration Exam online @ Measure."
- Candidates can then book their Exam date and time.

The AHRE is administered by Meazure Learning, which is an independent service.

Candidates who do not require accommodations can book their AHRE during any of the available dates. See below, section 3, for more information on Exam accommodations.

Select the correct time

Candidates should make sure that they are selecting the right time and time zone for their exam.

A 24-hour clock is used in the booking system. In Alberta, choose Edmonton, Canada for the Mountain Time Zone.

Meazure Learning will provide each candidate with a booking confirmation email once they have registered to take the AHRE.

Exam Location

The AHRE is an in-person computer-based exam accessible Monday to Friday 0900 hrs. to 1700 hrs. (excluding statutory holidays) in approved test centers within the Meazure Learning test center network. Please click on the following link: **"Test Site Cities"** for the list of cities available to test in. Please note that testing center hours may vary from center to center. Candidates are expected to **arrive 15 minutes** before the scheduled start time.

An individual known as a proctor will supervise each candidate for the duration of the AHRE.

Important Information and Timelines for Candidates to Remember

Candidates can attempt the AHRE a maximum of three times.

Candidates have one year to complete all attempts of the AHRE.

Testing Windows

Once a registrant has been approved a provisional registration, or have been approved to write the AHRE, and has paid for the AHRE **they will be placed into the first available testing window** to write the exam. See Booking Your Exam to see what dates booking is open for each testing window. When open, you can book the date and time you wish to write by going to your MyCLHA account and clicking on the Exam Launchpad. Once booked, you can expect a booking email from Meazure Learning providing important information on your selected date and time to write the AHRE as well as specific information regarding the testing center you are booked in and what you need to know to write the AHRE. If a candidate does not write the AHRE in the assigned testing window they will be charged a $100 did not write fee.

Testing windows are in February, April, June, August, October and December.

If a candidate does not successfully complete one of their three attempts within a year, their provisional registration will be cancelled, and they will need to re-take their HCA program to receive another three attempts.

For more information on passing, failing, and AHRE attempts see below, section 5, AHRE Results.

If a Candidate Cannot Attend Their AHRE booking

If a candidate is unable to write the AHRE on their scheduled date and time, they are required to reschedule or cancel **a minimum of 48 hours** before the date and time of the AHRE appointment. This can only be done through the online booking system.

Any cancellation with less than 48 hours notice will count as a "no-show" and will not be issued a refund. The AHRE fee will have to be paid again to book another AHRE attempt. However, this will not count as one of the three attempts that the candidate has to complete the AHRE.

An attempt counts as soon as a candidate begins writing the exam, even if they leave before completing the AHRE.

2. Exam Accommodations

Requesting Accommodations

Candidates can request an accommodation if they meet the following requirements:

- they have a disability that is currently being treated by a physician or has been diagnosed and treated in the past, and
- the disability creates barriers or may negatively impact their success in taking the exam.

If accommodations are required, candidates must submit a completed accommodation request form a minimum of **30 calendar days** before the date that they want to write.

The completed request form must be sent to hcaexam@clha.com. The request must be supported with one of the following:

- information from a health care provider identifying any restrictions and limitations the candidate experiences that require an accommodation, or

- information from the HCA program identifying the accommodations currently received.

The CLHA will evaluate each request on an individual basis. Timelines may be adjusted based on the process of evaluating accommodation requests. Candidates will be informed of potential delays and credited time if applicable.

Cost

There is no cost to the candidate for the accommodation itself.

If an Accommodation Is Approved

The CLHA will notify candidates in writing if accommodations are approved. Candidates will be required to acknowledge receipt of this email and the approved accommodations.

When a candidate's request cannot be accommodated, the CLHA and the candidate will discuss whether a mutually agreeable alternative is available.

If the CLHA denies a candidate's request for accommodations, they will be notified by email. All decisions align with the Alberta Human Rights duty to accommodate legislation and cannot be appealed.

The CLHA will not grant any additional accommodations without prior approval.

3. Preparing for the AHRE

Structure and Time Limit of the AHRE

The AHRE is composed of 100 multiple choice questions that cover various aspects of the HCA role and responsibilities. Appendix A: HCA Exam Blueprint (2019) provides more specific information on the structure of the exam.

Candidates have a maximum of two hours to complete the AHRE, unless accommodations have been approved.

Practice Exams

Information about practice exams is included in the email confirming successful provisional registration with CLHA.

There are two optional practice exams available to prepare for the AHRE. Practice exams cost $40 plus GST per version. Each version provides the candidate the opportunity to write the same practice exam up to five times. By taking a practice exam, the candidate can get experience using the same online platform as the AHRE.

Following each attempt, candidates are provided with information on areas of strength and areas of improvement in a graph format. Candidates can sign into the HCA Registration Examination Site through their MyCLHA account to access this graph as needed. The results can be saved or printed and should be used by the candidate to prepare for additional practice exam attempts.

Learning Modules

The CLHA offers learning modules that may be used to prepare for the exam. Candidates can access the modules through their MyCLHA accounts. To see the list of available modules, please see the **Knowledge Hub**.

4. Exam Day Test Center Experience

What to Bring

- Two pieces of valid government ID, one with photo ID with signature (e.g., driver's license, passport, military ID). See the Alberta Health Care Aide Exam Policies for a list of acceptable identification.
- Printed or digital copy of the confirmation email from the testing center the AHRE is booked with.
- Earplugs if you're sensitive to noise.

Prohibited Items

- Cameras, phones, electronics, bags, coats, food, beverages.
- Notes, calculators, medication (unless pre-approved).
- Hats, hoods, or other headwear are not permitted in the examination room unless required for religious purposes. All items are subject to inspection by the proctor if suspicious behaviour is detected.
- Sweaters/sweatshirts are allowed only if they have no pockets or hoods.
- Coats and jackets
- Cameras, cell phones, optical readers, or other electronic devices that include the ability to photograph, photocopy, or otherwise copy test materials.
- Notes, books, dictionaries, or language dictionaries
- Bookbags or luggage
- Purses or handbags
- iPods, mp3 players, tablets, headphones, or pagers
- Computers, PDAs, or other electronic devices with one or more memories
- Personal writing utensils such as pencils, pens, and highlighters
- Google and smart glasses (any glasses with electronics). Candidates wearing glasses may be asked to give them to the proctor for inspection. No glasses with electronics, even if they have prescription lenses, will be permitted in the exam room.
- Watches, smart devices, and other jewelry except wedding or engagement rings
- Weapons
- Medicine, including cough drops (except as expressly permitted in advance)
- Food and beverages
- **All items may be inspected by the proctor**.

Arrival & Check-In

- Arrive early to allow time for parking.
- Friends and family are not allowed inside the exam building.
- Sign in, present your ID and confirmation email.
- Undergo a security check (includes inspection of glasses, jewelry, and clothing).
- Store all personal items in a secure area.

During the AHRE

- A proctor will log you into your session; the exam timer starts after logging in.
- Exams run in a locked-down browser, external access is prohibited.
- Disruptive behaviour may result in removal.
- Your session may be video recorded.

Need Help?

- Raise your hand for assistance or to request a restroom break.
- A proctor will escort you to maintain exam integrity.

After the AHRE

- Raise your hand when you are finished.
- Proctor will collect materials and escort you out.
- Retrieve your belongings from secure storage.
- Ask any post-exam questions, then you're free to go.

Here is a video link of the candidate experience:
https://meazurelearning.wistia.com/medias/ja41hxr9il

Arriving Late

A candidate who is 1 to 15 minutes late may be permitted to write, but the proctor will stop the candidate at the scheduled end time (the candidate is not provided the full time).

Any candidate who is more than 15 minutes after their scheduled time will be given the status of "did not write" and will forfeit the AHRE fee (Alberta HCA Registration Examination policy 8).

Statement of Understanding

At the beginning of the AHRE, candidates will see a statement of understanding. This statement relates to exam security and responsibilities of the candidate. Candidates must accept the terms as listed before they can proceed. See _Appendix C_ for more information_.

During the AHRE

Candidates are only allowed to leave the exam room to use the washroom and will be escorted by a proctor to maintain exam integrity. Please alert the proctor if a washroom break is required during the AHRE. Note that candidates have a maximum of two hours to complete the AHRE, and the time is not paused during breaks.

The proctor will watch the candidate for irregular behaviours that may indicate cheating. Candidates should stay seated, facing the computer monitor during the AHRE. Irregular or suspicious behaviours can lead to an incident report being issued.

Exam Violations

Irregular behaviours that may indicate cheating

Examples of irregular or suspicious behaviours that proctors might observe and could lead to an incident report include, but are not limited to, the following:

- Moving out of the camera's range without permission.
- The candidate attempting to open additional browser windows.

- Use of personal cameras to record content.

NOTE: This is not a complete list and there may be other behaviours that are considered irregular. See "*Appendix D: Actions and Behaviours That Will Be Flagged During an Exam*" for more information*.*

See Alberta HCA Registration Exam Policies, Policy 10 to review Consequences of Exam Misconduct

Collection of Information

Information provided during the AHRE is collected and used pursuant to the *Personal Information Protection Act (PIPA)*. The CLHA will use this information to administer and evaluate the AHRE. The CLHA has contracted Meazure Learning to provide information technology services and store information related to the AHRE in the United States subject to privacy and security controls required by PIPA in Canada. Prior to writing the proctored AHRE, all candidates must agree to a detailed consent and terms of service. If you have questions related to the collection, use, and storage of this information or would like to receive a copy of the consent and terms please email hcaexam@clha.com.

5. AHRE Results

AHRE Marking

All AHRE attempts across the province are marked electronically. This method ensures that the AHRE is secure and confidential, and that all exams are scored in the same manner.

Passing scores

Candidates will receive a pass or fail mark on their AHRE two to three weeks after the testing window has closed. CLHA will send an email informing the writer when the results are posted on their MyCLHA account. The number of correct answers required to pass may vary from one exam to the next. The passing score for each AHRE attempt is based on the number and difficulty of the questions included in the exam. However, the level of ability required to pass remains the same for each exam.

Receiving Results

Candidates are monitored for any irregularities that may indicate a possible academic breach (cheating) during the proctored AHRE writing. Incident reports related to irregularities will be evaluated using established criteria and used to determine final results. If a breach is confirmed during the review of an incident report, a pending pass result is invalidated.

If you pass the AHRE and hold a provisional practice permit, your provisional practice permit will be changed to an active permit one to two business days after the results are posted. There is no additional fee when you are switched to active status.

If you applied to only write the AHRE and would like to have an Active practice permit on the General Register, please email hcastudentservices@clha.com to request the application.

If a Candidate Fails Their AHRE Attempt

Candidates who do not pass their first AHRE writing have two additional attempts to write the exam.

Understanding areas of improvement

Candidates who fail will be provided with instructions on how to log back into their account and view their Exam history. From here, candidates can review information on their areas of strength and areas of improvement. This information may assist their studying efforts for the next attempt.

For security purposes, candidates are not permitted to review the AHRE that they wrote.

Registering for AHRE rewrites

Candidates can pay and book an additional AHRE attempt by following the same booking process as their first attempt.

If a Candidate Fails All Three Attempts

Candidates who do not successfully complete their three allotted attempts will have their provisional registration cancelled. They must re-take an approved HCA program to be eligible for three additional attempts (Alberta HCA Registration Exam policy 5). A fourth attempt will only be permitted under exceptional circumstances.

Appealing AHRE Administration Issues

Note: AHRE results themselves cannot be appealed.

Candidates may appeal the AHRE administration process only if they believe an irregularity in the process may have affected their success. See Alberta HCA Registration Exam Administration Process Appeal Form to appeal.

- The appeal form must be submitted to the hcaexam@clha.com within a maximum of five business days of the official AHRE results.
- An appeal will be reviewed by an independent person appointed by the CLHA within five business days following receipt of the written request. The CLHA will notify the candidate of the appeal outcome in writing.
- Appeal decisions are final and will not be reviewed again.

Administration issues that cannot be appealed

- Missed attempts or "no shows," including those related to a mix-up of the scheduled time.

- o Candidates are responsible for reviewing the email from Meazure Learning confirming the date, place, and time of their AHRE.
  - o Candidates are responsible for revisiting their original booking platform to reschedule their booking date and time if required.
- Candidates who are unable to take the AHRE because they fail to produce the accepted identification documents.
- Candidates who do not complete any or all writes before the one-year timeframe.
- Candidates who experienced test-related anxiety.

Appendix A: Health Care Aide Exam Blueprint (2019)

DOMAINS

Exam Content framework

Competency domains to be assessed on the Alberta Health Care Aide Registration Exam are specified in the Alberta Health Care Aide Competency Profile (2018).

Competency Domain	% of marks
HCA Role and Responsibility	13-17%
Provision of Care	25-35%
Collaborative Care	8-12%
Communication	12-16%
Health Across the Life Span	11-15%
Safety	16-20%

STRUCTURAL VARIABLES

Exam length and format

Candidates have two (2) hours to complete the closed-book exam.

The exam includes 100 independent multiple-choice questions with 4 response options.

Cognitive Level

Cognitive Level	% of marks
Remembering & Understanding	18-38%
Applying	53-73%
Critical Thinking	7-11%

CONTEXTUAL VARIABLES

Client Type

The client type refers to individuals (or their designated representative), families, groups, and communities.

Age

Clients described in the exam represent the demographic population encountered by entry-level Health Care Aides (HCAs). The distribution of client age listed below serves as a guideline for test development.

Age Range	Target %
0-18 years	Approx. 5%
19-60 years	Approx. 30%
61+ years	Approx. 65%

Gender

Balance evenly

Diversity

Questions are included that measure awareness, sensitivity and respect for diversity and inclusion, without introducing stereotypes.

Work Environment

It is recognized that HCAs work in a variety of settings and contexts where health care is delivered. As a result, the work environment is *only* specified when it is required for clarity or to provide guidance to the candidate.

Appendix B: Alberta HCA Competency Profile (2018)

Competency Profile Domains and Core Competencies

Domain 1: HCA Role and Responsibility

This domain refers to understanding the role and responsibility of HCAs.

Core Competencies:

1.1 Understand and perform competencies as defined by this competency profile, activities noted in the job description, employer policies and procedures, applicable legislation, or standards and within personal competency levels.

1.2 Demonstrate professionalism, responsibility, and accountability for actions.

1.3 Demonstrate organizational, time-management, and problem-solving skills.

1.4 Demonstrate conflict management skills.

1.5 Understand and demonstrate the principles of privacy and confidentiality.

1.6 Recognize the importance of personal wellness and self-care and use strategies to promote personal well-being.

1.7 Utilize feedback and self-reflection to continuously improve on the competencies defined in this profile.

1.8 Understand the HCA role within the health system, and the range and boundaries that apply to that role.

Domain 2: Provision of Care

This domain refers to application of the knowledge, skills, and abilities required to deliver person-centred care, which includes recognizing and supporting the unique needs and abilities of the client. Care activities in this domain are directed to supporting, promoting, and maintaining the health and well-being, safety, independence, and comfort of the client. HCAs provide care in collaboration with other regulated professionals and follow the client's care plan.

Core Competencies

2.1 Demonstrate an understanding of the client's care plan and the role of the HCA in implementing the care plan.

2.2 Utilize knowledge of growth and development, the aging process, and related health conditions when implementing the care plan.

2.3 Encourage and support the client's efforts to maintain and/or enhance their health, wellness, independence, and quality of life.

2.4 Promote the client's ability to guide and participate in their own care to the greatest degree possible.

2.5 Provide individualized, age appropriate, person-centred care, with a focus on physical, psychological, social, emotional, cognitive, cultural, and spiritual support.

2.6 Recognize and respect the client's uniqueness, diversity, rights, and concerns and their ability to make choices, take risks, and have control over their life.

2.7 Provide medication assistance as assigned by a regulated health care professional.

2.8 Demonstrate the ability to provide basic palliative and end-of-life care.

2.8.1 Demonstrate sensitivity, compassion, and respect for the client's beliefs and cultural traditions related to death, dying, and end-of-life care.

2.9 Demonstrate an ability to care for and communicate with clients with cognitive, and/or mental health and addictions challenges.

2.9.1 Recognize and respond appropriately to the client displaying responsive/changing behaviours.

2.10 Report and/or record client information in accordance with employer documentation standards and guidelines.

Domain 3: Collaborative Care

This domain refers to the ability to work collaboratively with the client, family, and all other members of the health care team to set and achieve common goals and provide safe, competent, and ethical care.

Core Competencies:

3.1 Communicate the role and responsibilities of the HCA to the client, the family, and other health care team members.

3.2 Understand the role of each member of the health care team, including the client and/or family.

3.3 Participate in the development and revision of the client's care plan.

3.4 Report changes in the client to the appropriate regulated health care team member in a timely manner.

3.5 Understand when to seek assistance and information from health care team members and demonstrate this ability.

Domain 4: Communication

This domain refers to the knowledge and skills required to develop, build, and maintain collaborative working relationships with the client, family, and other members of the health care team.

Core Competencies:

4.1 Demonstrate appropriate communication with the client, family, and other members of the health care team.

4.1.1 Utilize active listening skills to communicate with the client, family, and other members of the health care team.

4.1.2 Recognize, interpret, and respond appropriately to non-verbal cues.

4.1.3 Recognize and adapt communication style to address client barriers to communication. Barriers could include vision, hearing, speech, and language disorders, including clients with cognitive impairment and/or mental health and addictions challenges.

4.1.4 Use tone, verbal, and non-verbal communication that demonstrates respect, promotes the client's dignity, and is culturally appropriate.

4.2 Demonstrate proficiency in comprehension of the English language, including verbal and written communication.

 4.2.1 Communicate through a variety of methods: written (electronic/paper, client chart and emails), verbal (telephone and in person).

4.3 Demonstrate effective use of information technology appropriate for health care settings.

4.4 Identify and demonstrate use of verbal and nonverbal communication techniques and interventions to address responsive behaviours.

4.5 Use health care terminology as it relates to the HCA role.

Domain 5: Health Across the Life Span

This domain refers to the theoretical concepts, principles and knowledge required to promote physical, cognitive, psychological, cultural, social, and spiritual health and well-being of the client.

Core Competencies:

5.1 Demonstrate knowledge of the basic principles of growth and development, the aging process, and psychosocial dimensions of health across the life span.

5.2 Demonstrate knowledge of basic anatomy and physiology.

5.3 Demonstrate an understanding of the client's strengths, needs, rights, preferences, and expectations, and their willingness and ability to participate in their care.

5.4 Demonstrate an understanding of the health care team's responsibility with regard to advocacy in supporting the client to achieve optimal quality of life.

5.5 Demonstrate knowledge of culturally competent care by recognizing and respecting the client's unique physical, cognitive, psychological, cultural, social, and spiritual needs.

5.6 Demonstrate knowledge of common effects of aging, as well as the effects of acute and chronic health conditions of the client.

5.6.1 Demonstrate appropriate interaction with clients who experience cognitive, behavioural, and psychological impairment (e.g., dementia and/or delirium).

Domain 6: Safety

This domain refers to providing care and services that promote and maintain the health and well-being of the client. It also refers to preventing harm to the client, HCA and/or members of the health care team.

Core Competencies:

6.1 Prevent, recognize, and respond to emergencies, safety hazards, and unsafe situations that may endanger the HCA and/or the client.

6.2 Recognize and respond to potential risks in order to prevent harm and avoid injury to the client, self and others.

6.3 Recognize and report signs of abuse and/or neglect.

6.4 Report and document incidents, adverse events and/or near misses according to practice setting guidelines and policies.

6.5 Demonstrate infection prevention and control principles and adhere to practice setting guidelines and policies.

6.6 Demonstrate the ability to operate health equipment safely.

6.7 Demonstrate safe use of body mechanics and patient handling techniques.

6.8 Understand and demonstrate the principles of safe food handling and safe mealtime assistance.

Copied from Government of Alberta, Health Workforce Planning and Accountability Health Care Aide Competency Profile, April 2018, reviewed & revised Jan 2026

Appendix C: Candidate Statement of Understanding

The College of Licensed Practical Nurses and Health Care Aides of Alberta (CLHA) requires that you agree to maintain the confidentiality and security of the test questions on the AHRE. You will not be permitted to take the AHRE unless you agree to abide by the following statements:

- Exam security is a high priority. Any candidate who receives assistance without authorization during the AHRE will be subject to sanctions as described below.

- This AHRE is the exclusive property of the CLHA.

- This AHRE and the items contained therein are protected by copyright laws.

- No part of this exam may be copied or reproduced in part or as a whole by any means whatsoever.

- You must not remove copies of exam questions and answers from the testing platform and may not share or discuss the questions or answers seen in your exam with anyone.

- The theft or attempted theft of any AHRE material is punishable by law.

- Your participation in any irregularity occurring during this exam, such as giving or obtaining unauthorized information or aid, as evidenced by observation or subsequent statistical analysis, may be sufficient cause to terminate your participation, invalidate the results of your exam, deny, or revoke your AHRE results, or take other appropriate action.

- During the time you are taking the AHRE, you may not use the telephone or speak to any individual other than your proctor. Such activity is grounds for immediate dismissal from the exam and invalidation of your test results. If you leave the immediate vicinity of the testing area without permission, your test will end, and you will not be permitted to resume testing.

- Exceptions to the above may include unplanned interruptions.

- If you do not follow the above rules, tamper with the computer or if you are suspected of cheating, appropriate action will be taken.

Click the **ACCEPT** checkbox to accept these terms.

Appendix D: Actions and Behaviours that Will Be Flagged During the AHRE

- A proctor may intervene upon any actions or behaviours that are not allowed.
- Your actions and behaviours may also be recorded and will be reviewed by a professional proctor.

Actions and behaviours that will be flagged during the AHRE:

1. **Talking aloud**: Unless you have an accommodation, talking or whispering aloud during the AHRE is not permitted.
2. **Being out of camera view**: Your face, chin to forehead, needs to be in the camera view at all times.
3. **Anyone entering your testing area**: You may not have anyone else in your testing location with you.
4. **Anyone talking to you while you're in your testing area**: Additional noises, including other people talking to you, while you're in your AHRE are not allowed.
5. **Looking off-screen**: If you aren't allowed any materials, your eyes should stay on the screen at all times while testing.
6. **Utilizing materials that are not allowed**.
7. **Taking pictures or screenshots of the AHRE**: Taking pictures while in your exam, including screenshots, is not permitted.
8. **Copying and pasting any elements of the AHRE**: In most cases, our system will not allow you to copy and paste any content from your exam. Regardless of whether you can or cannot perform this function, our system will capture all events of copy and paste that occur.
9. **Utilizing a virtual machine**: Virtual machines can be detected through the pre-exam system check and are not permitted.

In some cases, additional actions/behaviours may not be permitted during your exam. These actions will be explained to you during the portion of the AHRE launch process when you have to agree to the AHRE rules.

ProctorU (2025). Test-taker Library: What am I allowed and not allowed to do during my exam? Adapted from https://support.proctoru.com/hc/en-us/articles/360043127892-What-am-I-allowed-and-not-allowed-to-do-during-my-exam